**Lower Heyford and Caulcott Community Fund (LHCCF)**

**Coronavirus**

* **pulling together as a community**

These are worrying times for all of us. We are aware that many residents of Lower Heyford and Caulcott may be self-isolating, considering self-isolating or taking other measures to protect themselves and their loved ones from the risks posed by coronavirus.

We would like to try to ensure that people get whatever support and assistance they need.

**To this end, for anyone who would like support or assistance please:**

* Get in touch with us if you are self-isolating or planning to self-isolate at some point.;
* Let us know what support you would like e.g. help with shopping, picking up prescriptions, an occasional telephone call?
* Do not hesitate to ask for help as self-isolation is going to be a difficult process for everyone to live through. This is no time for pride!

**For anyone who might be able to help others:**

* If you are fit, healthy and not planning to self-isolate, would you be able to help some of your neighbours e.g. some of the support suggestions above?
* Anything you can help with would be appreciated – no matter how small.
* Please get in touch with us so we can make sure that all needs are met.
* This is no time for bashfulness!

We plan to build up a network of residents needing support or assistance and those who can provide support. So whether you wish help or can help please either email to: **hazelstoddart@me.com** or telephone Hazel Stoddart on **07891 318 737**.

There may also be other support and assistance we can provide to residents at this time. If so, please let us know.

You can also find information about this support network and the work of the Lower Heyford and Caulcott Community Fund on the village website: **https://heyford.info/residents/lower-heyford-caulcott-community-fund/.**

Please be assured that all information will be treated in strict confidence and we will not share any contact details to anyone without your prior agreement.

This is a time when we all need to pull together to look after each other – we look forward to hearing from you.

***The Trustees of the Lower Heyford and Caulcott Community Fund***

***March 18th 2020***